

The Fight Against Inflammation:
Put Food First

June 5th —10:00am

Traci Robidoux, BayPath Dietician will present on this very important subject. It is becoming increasingly clear that chronic inflammation is somewhere at the root cause of many serious illnesses—including heart disease , many cancers, and Alzheimer’s disease. Learning how specific foods influence the inflammatory process is the best strategy for containing it and reducing long-term disease risks.

Please sign up at the front desk
or call (508) 229-4453

No Charge

