

# **Know the 10 Signs**

**Monday, January 29<sup>th</sup>, 2018**

**10:00am to 11:30am**

The warning signs of Alzheimer's disease are often dismissed as side effects of normal aging. If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection gives you a chance to plan for the future. Attend this training to learn the 10 Warning Signs of Alzheimer's disease. We'll separate myth from reality and address commonly-held fears about Alzheimer's in America. Hear from people who have the disease and find out how to recognize the signs in yourself and others.

This workshop is sponsored by the Alzheimer's Association

There will be three additional workshops that will be advertised with more information in future newsletters:

Effective Communication Strategies	April 20
Understanding & Responding to Dementia Related Behaviors	July 30
Safety & Memory Challenges	Oct. 29

Feel free to sign up for the any or all workshops. These additional workshops will also be 10:00am to 11:30am. (for more information on the above three workshops—stop by the front desk)

Please sign up for these sessions at the front desk  
or call (508) 229-4453

