



Medicare Open Enrollment

SHINE can help!

Call soon to schedule your appointment for any time from
October 15 through December 7, 2022.

It's that time of year again! If you are enrolled in a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO/PPO), you should be mailed an information packet from your plan by the end of September. It is important to understand and save this information because it explains the changes in your plan for 2023. Premiums, deductibles, co-pays, and the drugs covered by your plan can change significantly!

Trained SHINE (Serving Health Insurance Needs of Everyone...on Medicare) volunteers offer free, confidential and unbiased counseling on Medicare options. To schedule an appointment with our Southborough SHINE counselor, Carolyn MacLeod, call the Senior Center after September 15th.

Southborough Senior Center – 508-229-4453

Volunteer Meals on Wheels Drivers Needed – Southborough

Meals on Wheels is part of the Senior Center's Elderly Nutrition Program. We are seeking Volunteer Drivers to deliver meals at lunchtime to homebound seniors in Southborough during the week. This can be a regular commitment or as a back-up driver.

If you can spare a few hours a week and would like more information please contact Alisson at apark@baypath.org or call 508-573-7210. Volunteers must be 18 years old or older and have a valid driver's license. A CORI is required.