

## Trailblazers

The Trailblazers is a group of seniors who work together to develop a program of activities throughout the year to meet the needs of more active seniors. The group will meet the first Wednesday of every month at 3:00pm. The next meetings will be held on Wednesdays, January 8th & February 5th. If this interests you, please plan on attending the meetings to see what it is all about or to share ideas. During the meetings, you will be able to share your interests, assist in researching activities and costs, review and evaluate the programs after completion and a lot of idea sharing! It is the intention to be an inclusive group being mindful of a moderate to more strenuous activity level.

*Trailblazer events are open to all*

*Please sign up for these outdoor activities by calling (508) 229-4453  
Everyone is welcome!*

### January & February

#### Thursday, January 9th, Bay Circuit Trail Hike/Snowshoe:

Meet at the Senior Center at 9:30am Hike about 2 miles on the Bay Circuit Trail, the north section. We will carpool to starting point. Carl Guyer will lead. We have six pairs of snowshoes and six pairs of crampons to borrow.

#### Wednesday, January 22nd, 29th, February 5th, 12th Bowling:

Meet at Sawyer's Bowladrome, 13 Blake Street, Northborough at 1:00pm for a few Strings of candlepin bowling. You can sign up for one or all four dates. Please let the front desk know which dates you will attend. Donation \$5

#### Monday, January 27th, Winter Hike/Snowshoe:

Meet at the Senior Center at 9:30am. We will carpool to Boroughs Loop Trail at Algonquin High School, Northboro for winter hike or if Snowshoe at Nichols/ Clemmons St (BCT), Southboro. We will snowshoe or hike about 2 miles on marked trails. We have six pairs of snowshoes and six pairs of crampons to borrow.

#### Monday, February 3rd, Trombetta's Miniature Golf:

Meet at the Senior Center at 12:30pm and carpool to Trombettas in Marlboro. Play a round of miniature golf. Cost: No Charge—Sponsored by the Council on Aging. Think of it as an Indoor Summer Adventure. We need a minimum of 10—if you sign up—please make sure you attend.

#### Thursday, February 13th, Bay Circuit Trail Hike/Snowshoe:

Meet at the Senior Center at 9:30am Hike about 2 miles on the Bay Circuit Trail, the south section. We will carpool to starting point. Carl Guyer will lead. We have six pairs of snowshoes and six pairs of crampons to borrow.

#### Monday, February 24th, Winter Hike/Snowshoe:

Meet at the Senior Center at 9:30am. We will carpool to Felton Conservation Land, Marlborough. We will snowshoe or hike about 2 miles on marked trails. We have six pairs of snowshoes and six pairs of crampons to borrow.