

# CAREGIVERS SUPPORT GROUP

A Support Group for caregivers of a loved one with dementia will take place the 2<sup>nd</sup> Monday of the month from **10:30 to 12:00**. This is a time to meet with other caregivers, where you can share, listen, learn and offer and receive support.

If you are interested in attending, please register at the front desk.

The next two sessions will take place:

Monday, January 8th and Monday, February 12th  
from 10:30am to 12:00pm

