

Trailblazers

The Trailblazers is a group of seniors who work together to develop a program of activities throughout the year to meet the needs of a more active senior. The group will meet the first Wednesday of every month at 3:00pm. The next meetings will be held on Wednesdays, March 7th & April 4th. If this interests you, please plan on attending the meetings to see what it is all about or to share ideas. During the meetings, you will be able to share your interest, assist in researching activities and costs, review and evaluate the programs after completion and a lot of idea sharing! It is the intention to be an inclusive group being mindful of a moderate to more strenuous activity level. Trailblazer events are open to all. Our Next Adventures are:

Snowshoeing/Winter Hiking/Bike Ride or Walking

Thursday, March 8- Snowshoeing/Winter Hike- meet at the Senior Center at 1:00pm. Snowshoe or hike on the Bay Circuit Trail the next North section. 4 pair of snowshoes are available to borrow.

Wednesday, March 28- Snowshoeing/Winter Hike**- meet at the Senior Center at 9:30am. Snowshoe or Hike at the Blackstone River and Canal Heritage Park. Listen to a Park Interpreter give an introductory talk and hike a 2 mile easy towpath Trail. 4 pairs of snowshoes are available to borrow. **Note change of date!

Thursday, April 12- Hike- meet at the Senior Center at 9:30am. Hike about 2 miles on the Bay Circuit Trail the next North section.

Thursday, April 26 Bike Ride/Walk on Cape Cod Canal Bike Path- meet at the Senior Center at 9:00am and carpool to the Cape Cod Canal Bike Path. The bike path is a paved route that runs about 7-8 miles (one way) between Bourne and Sagamore Bridges. Each biker/walker can ride a distance of their own ability. We will lunch at our own cost at a local restaurant. Each participant should bring sunscreen, sunglasses, hat, layers of clothing, sneakers, and bike helmet. Water and snacks will be provided. Please note if you have a bike rack to transport bikes.

Please sign up for these outdoor activities by calling (508) 229-4453