

Trailblazers

The Trailblazers is a group of seniors who work together to develop a program of activities throughout the year to meet the needs of a more active senior. The group will meet the first Wednesday of every month at 3:00pm. The next meetings will be held on Wednesdays, January 3rd & February 7th. If this interests you, please plan on attending the meetings to see what it is all about or to share ideas. During the meetings, you will be able to share your interest, assist in researching activities and costs, review and evaluate the programs after completion and a lot of idea sharing! It is the intention to be an inclusive group being mindful of a moderate to more strenuous activity level. Trailblazer events are open to all.

Our Next Adventures are:

Snowshoeing/Winter Hiking/Bowling

Thursday, January 11- Snowshoeing/Winter Hike

Meet at Senior Center at 1:00pm. Snowshoe on Bay Circuit Trail South of Southborough. Ashland State Forest Winter St. 4 pairs of snowshoes are available to borrow.

Wednesday, January 17 and 31st Candlepin Bowling

Sawyer Bowling Alley in Northborough, behind the old Town Hall. Carpool from Senior Center. Meet at 12:30pm. Suggested Donation is \$5 for 3 games, no cost for bowling shoes.

Monday, January 22- Snowshoeing/Winter Hike

Meet at Senior Center at 9:30am. Snowshoe in the Assabet Wildlife Refuge 680 Hudson Rd Sudbury. 4 pairs of snowshoes are available to borrow.

Thursday, February 8 - Snowshoeing/Winter Hike

Meet at Senior Center at 1:00pm. Snowshoe on Bay Circuit Trail next South section. 4 pairs of snowshoes are available to borrow.

Monday, February 26 - Snowshoeing/Winter Hike

Meet at Senior Center at 9:30am. Snowshoe at Chauncey Lake. 4 pairs of snowshoes are available to borrow.

Please sign up for these outdoor activities by calling (508) 229-4453

We will have 2 women's and 2 men's snowshoes available.

~~There is no charge for the Snowshoeing/Hiking—Candlepin Bowling \$5.00 for 3 games~~

