

Trailblazers

The Trailblazers is a group of seniors who work together to develop a program of activities throughout the year to meet the needs of a more active senior. The group will meet the first Wednesday of every month at 3:00pm. The next meetings will be held on Wednesdays, January 9th and February 6th. If this interests you, please plan on attending the meetings to see what it is all about or to share ideas. During the meetings, you will be able to share your interest, assist in researching activities and costs, review and evaluate the programs after completion and a lot of idea sharing! It is the intention to be an inclusive group being mindful of a moderate to more strenuous activity level. Trailblazer events are open to all. Our Next Adventures are:

Please sign up for these outdoor activities by calling (508) 229-4453

Everyone is welcome!

(Please be aware that the January meeting has been changed to the second Wednesday in January—the 9th)

Thursday, January 10th

Bay Circuit Trail Snowshoe/Winter Hike

Meet at the Senior Center at 1:00pm, snowshoe or hike on the Bay Circuit Trail, next is the North section. We will carpool to starting point. Four pair of snowshoes are available to borrow. Carl Guyer will lead.

Monday, January 28th

Snowshoeing/Winter Hike

Meet at the Senior Center at 9:30am. We will carpool to Chestnut Hill Farm, Southborough and Snowshoe or Hike about 1-2 miles on marked trails. Four pairs of snowshoes are available to borrow.

Wednesday, February 6th

Trail Walk Presentation

Don Burn of the Town of Westborough Bicycle and Pedestrian Advisory Committee will present a talk on the Boston and Worcester Airline Trail (BALT), a proposed multi-use trail from Framingham to Worcester. The presentation will begin at 1:30pm—More information on page 8 of the newsletter. Please sign up at the front desk or call (508) 229-4453.

Wednesdays, January 23, 30, February 13, 20

Candlepin Bowling

Meet at Sawyer's Bowladrome, 13 Blake Street, Northborough at 1:00pm for a few Strings of candlepin bowling. You can sign up for one or all four dates. Please let the front desk know which dates you will attend. Suggested Donation—\$5.00

Thursday, February 14th

Bay Circuit Trail Snowshoe/Winter Hike

Meet at the Senior Center at 1:00pm. Hike about 2 miles on the Bay Circuit Trail, the next section. We will carpool to starting point. Carl Guyer will lead. We have four pairs of snowshoes to borrow.

Monday, February 25th

Snowshoeing/Winter Hike

Meet at the Senior Center at 9:30am. We will carpool to Callahan State Park. We will snowshoe or hike about 1-2 miles on marked trails. We have four pairs of snowshoes to borrow.

