

Trailblazers

The Trailblazers is a group of seniors who work together to develop a program of activities throughout the year to meet the needs of more active seniors. The group will meet the first Wednesday of every month at 3:00pm. The next meetings will be held on *Wednesdays, March 6th & April 3rd at 3:00pm*. If this interests you, please plan on attending the meetings to see what it is all about or to share ideas. During the meetings, you will be able to share your interests, assist in researching activities and costs, review and evaluate the programs after completion and a lot of idea sharing! It is the intention to be an inclusive group being mindful of a moderate to more strenuous activity level. *Trailblazer events are open to all.*

*Please sign up for these outdoor activities by calling (508) 229-4453
Everyone is welcome!*

Thursday, March 14th Bay Circuit Trail Hike/Snowshoe -

Meet at the Senior Center at 1:00pm. Hike about 2 miles on the Bay Circuit Trail, the next south section. We will carpool to starting point. Carl Guyer will lead.

Monday, March 25th Snowshoe/Winter Hike-

Meet at the Senior Center at 9:30am. We will carpool to Sawink Trail off Bigelow Rd in Southboro. We will snowshoe or hike about 2 miles on marked trails. We have six pairs of snowshoes to borrow.

Thursday, April 1st Bay Circuit Trail Hike-

Meet at the Senior Center at 1:00pm. Hike about 2 miles on the Bay Circuit Trail, the next north section. We will carpool to starting point. Carl Guyer will lead.

Thursday, April 18th Mount Auburn Cemetery Guided Tour -

Meet at the Senior Center at 9:30am. We will take a bus to Mt. Auburn Cemetery. At 11:00am, a Ranger guided tour, Discover Mt. Auburn, will focus on the history, monuments, and the lives of those buried here. Limited to 30 people. The 90 minute tour covers gravel and grass paths, some steep elevations, and a brisk walking pace. Snack provided. Lunch at Bella Costa Restaurant on the way home. Return approximately 3:30pm. Suggested Donation \$25.00

Tina Bemis

Spring Forward Porch Pot

Tuesday, April 16th at 2:15pm

Suggested Donation:

Friends Members \$15.00

Nothing says spring quite like pansies! Plant them with other cold-tolerant plants and leave the winter behind! You will leave with a wonderful creation made by you! Please sign up at the front desk—Tina's classes fill up very quickly.

Bocce is back!

Fridays at 11:00am

Join Vinny Acampora and the group in a fun, entertaining Bocce game out on the lawn.

This is our second year playing Bocce — come join in - starting on Friday, April 5th at 11:00am or just come watch—still quite entertaining!



Walking Group is also Back!

Thursday mornings at 8:30am

Meet at the Senior Center at 8:30am. The group will walk to the cemetery and back to the senior center. You will be set for the rest of your day!



We are in need of volunteer drivers to deliver Meals on Wheels in Southborough

-Every other Monday — Or — Tuesdays or every other Tuesday

-Every other Wednesday — Or — Every other Friday

Each route takes only a few hours to complete. If you are interested in volunteering, please contact Baypath Elder Services 508-573-7210 and ask to speak with Denise Menzendorf.